

# **COVID-19 Antiviral & Anti-Inflammatory Therapy in Hospitalized Patients: Lessons Learned**

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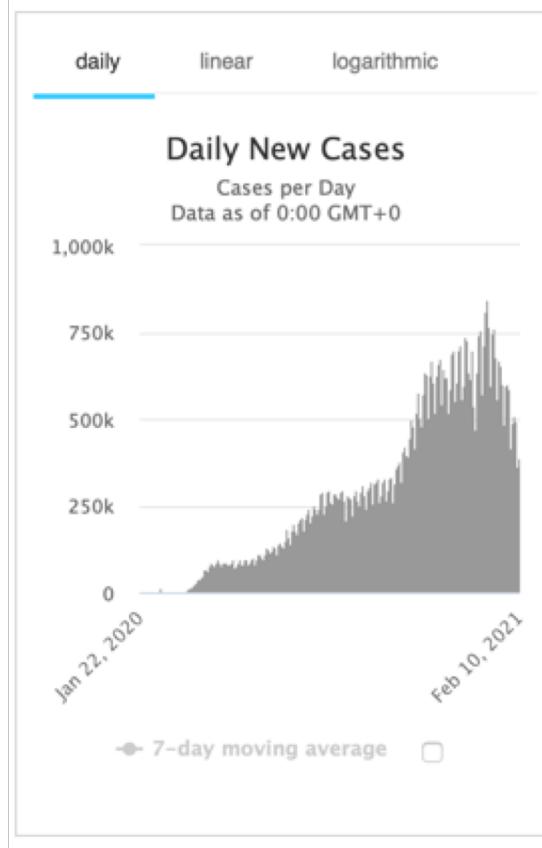
University of California, San Diego

# Outline

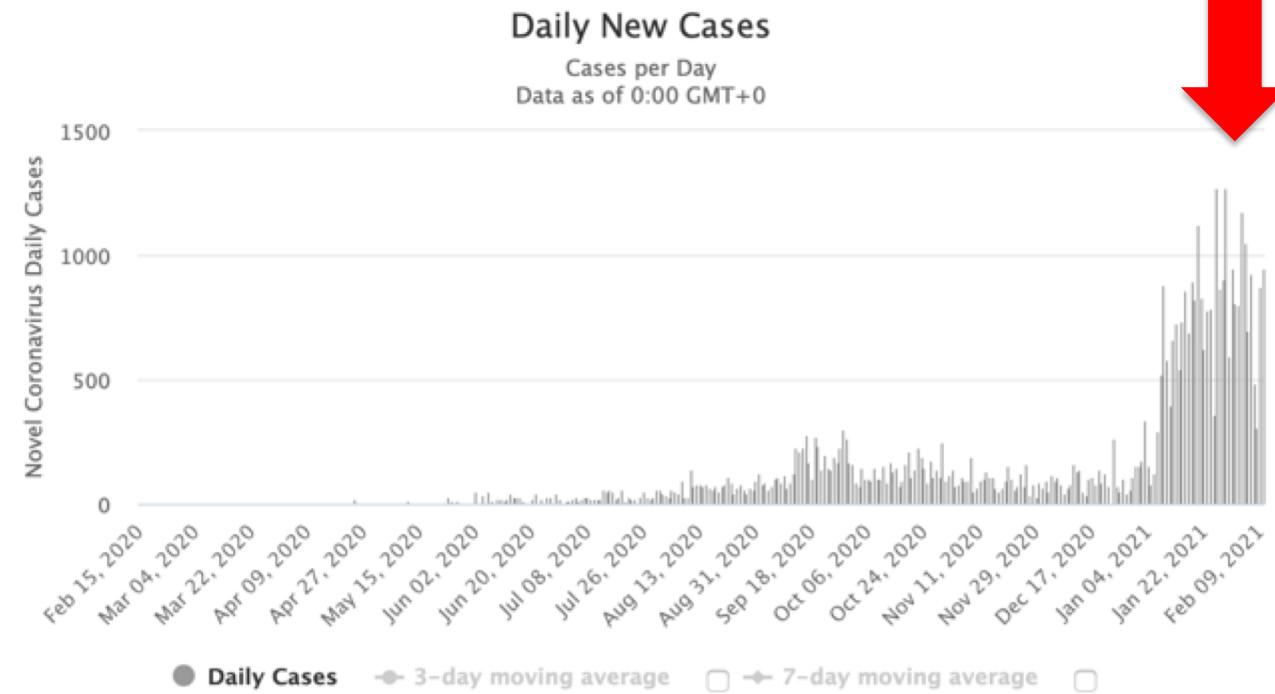
- Brief Epidemiology Update
- Review of ACTT-1 & other remdesivir antiviral trial results
  - Putting results into clinical context and lessons learned about how to use this antiviral drug
- Anti-inflammatory therapies for COVID-19 pneumonia
  - Dexamethasone, baricitinib and lessons learned
- Making sense of treatment guidelines
- Part 2 will cover other therapies in the outpatient setting

# Coronavirus Cases as of February 10, 2021

- Globally, 107,853,095 coronavirus cases
  - 2,364,938 deaths
- Mozambique – 46,736 cases; 486 deaths



Daily New Cases in Mozambique



# **Interpreting Therapeutic Response**

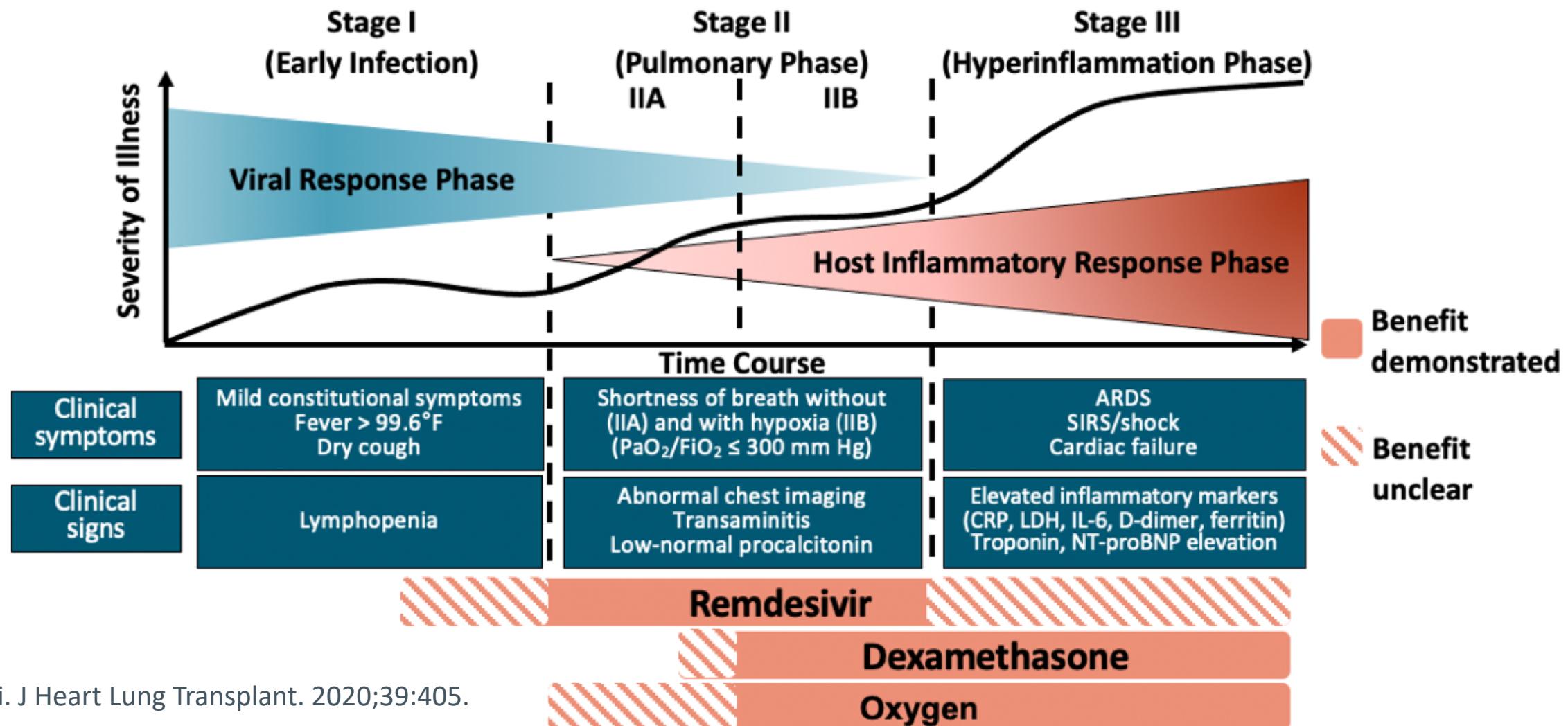
# NIH Guidelines: Defining COVID-19 Disease Severity

| Stage                                    | Characteristics   |
|--|---|
| Asymptomatic or presymptomatic infection | <ul style="list-style-type: none"><li>Positive virologic test for SARS-CoV-2 (ie, NAAT or antigen test) but no symptoms consistent with COVID-19</li></ul>  |
| Mild illness                             | <ul style="list-style-type: none"><li>Varied symptoms (eg, fever, cough, sore throat, malaise, headache, muscle pain, nausea, vomiting, diarrhea, loss of taste or smell) but no shortness of breath, dyspnea, or abnormal chest imaging</li></ul>        |
| Moderate illness                         | <ul style="list-style-type: none"><li><math>\text{SpO}_2 \geq 94\%</math> and lower respiratory disease evidenced by clinical assessment or imaging</li></ul>   |
| Severe illness                           | <ul style="list-style-type: none"><li><math>\text{SpO}_2 &lt; 94\%</math>, <math>\text{PaO}_2/\text{FiO}_2 &lt; 300 \text{ mm Hg}</math>, respiratory rate <math>&gt; 30 \text{ breaths/min}</math>, or lung infiltrates <math>&gt; 50\%</math></li></ul> |
| Critical illness                         | <ul style="list-style-type: none"><li>Respiratory failure, septic shock, and/or multiorgan dysfunction</li></ul>  |

# Clinical Trials: Defining COVID-19 Disease Severity

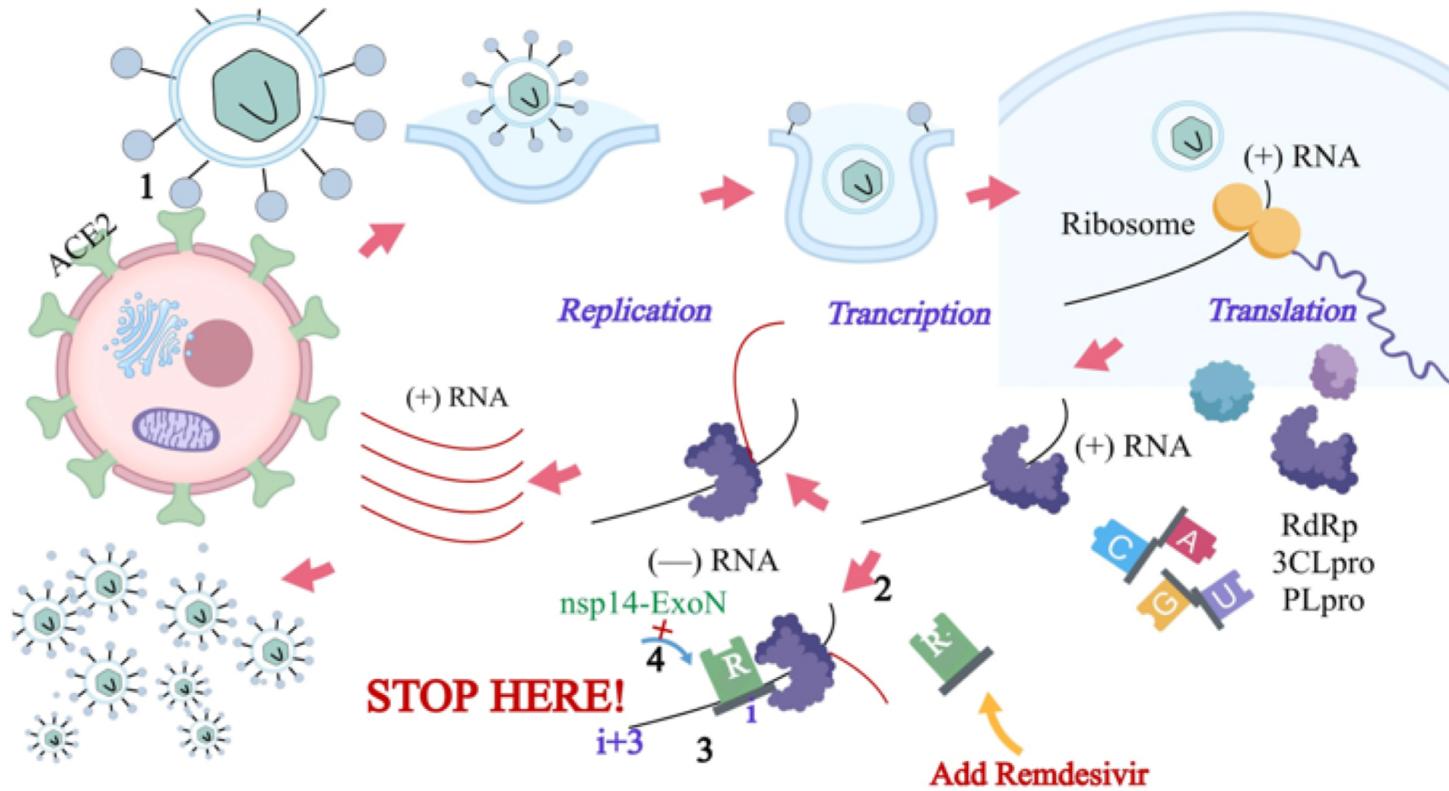
| Clinical Severity<br>Based on Ordinal<br>Scale | Clinical Status Description for Assessment   |
|--|--|
| 1  | Not hospitalized, no limitations on activities   |
| 2  | Not hospitalized, limitation on activities, and/or requiring home oxygen   |
| 3  | Hospitalized, not requiring supplemental oxygen and no longer requires ongoing medical care (if hospitalization extended for infection-control purposes) |
| 4  | Hospitalized, not requiring supplemental oxygen; requiring ongoing medical care (COVID-19 related or otherwise)  |
| 5  | Hospitalized, requiring supplemental oxygen  |
| 6  | Hospitalized, on noninvasive ventilation or high-flow oxygen devices   |
| 7  | Hospitalized, on invasive mechanical ventilation or ECMO   |
| 8  | Death  |

# COVID-19 Therapies Predicted to Provide Benefit at Different Stages



# **Antiviral Therapy with Remdesivir for Covid-19: Lessons Learned**

# Remdesivir and the SARS-CoV-2 Replicative Cycle

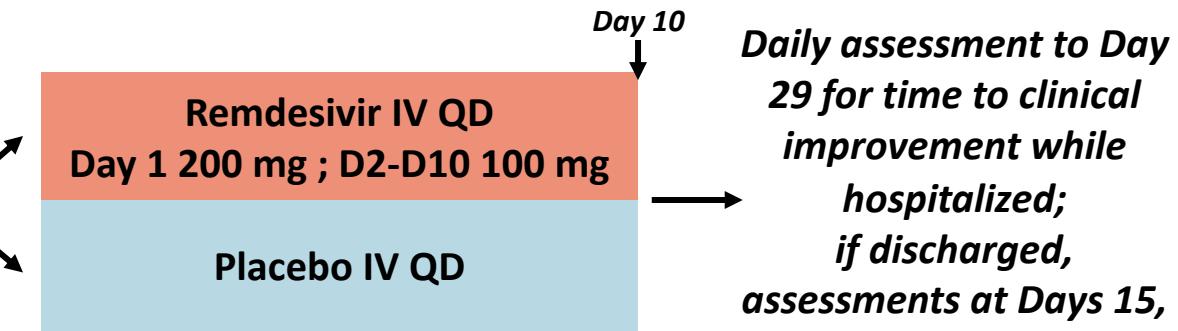


Remdesivir is an RNA-dependent RNA polymerase inhibitor that interferes with viral RNA transcription/translation to interrupt the replicative cycle

# Adaptive COVID-19 Treatment Trial (ACTT-1): Study Design

- Multicenter, multinational, adaptive, randomized, double-blind, placebo-controlled phase 3 trial

Adult patients  $\geq 18$  yrs of age; hospitalized with symptoms of COVID-19/SARS-CoV-2 infection and  $\geq 1$  of following: radiographic infiltrates;  $\text{SpO}_2 \leq 94\%$  on room air or requiring supplemental oxygen or requiring mechanical ventilation  
(N = 1063)



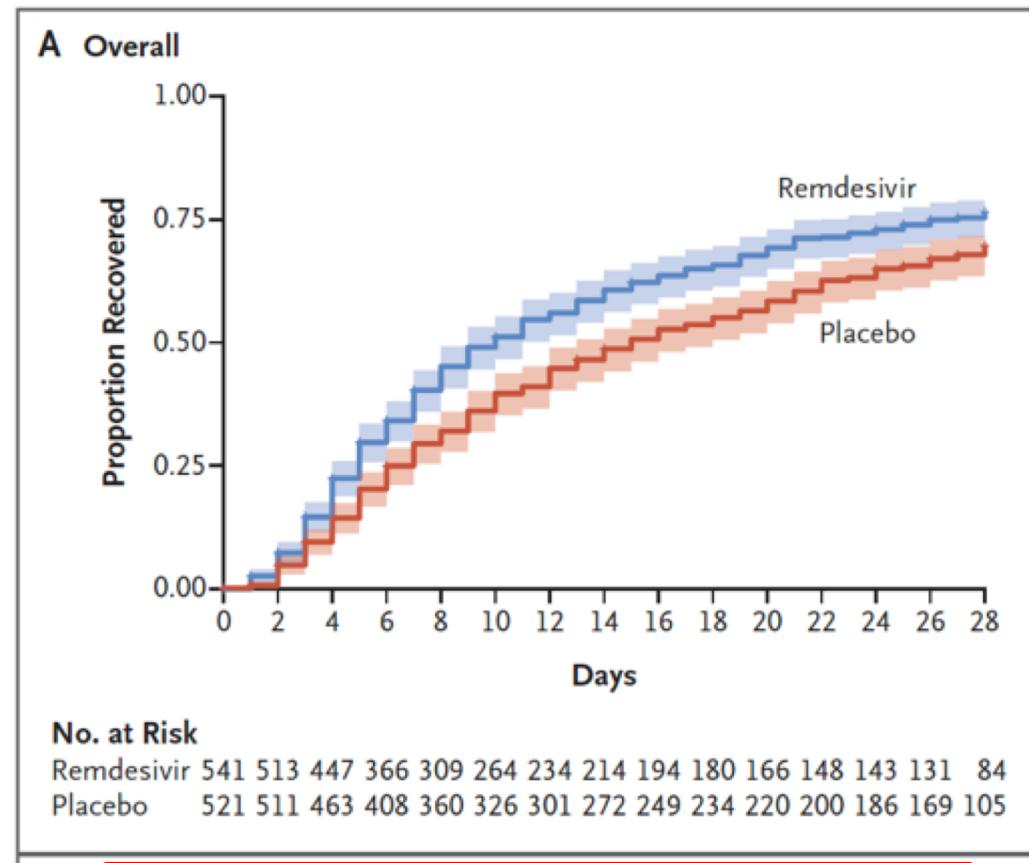
- Primary endpoint: time to recovery\* by Day 29 according to ordinal scale
- Secondary endpoints: treatment-related improvements in 8-point ordinal scale at Day 15

\*Day of recovery is first day patient satisfies 1 of these categories from ordinal scale: 1) hospitalized, not requiring supplemental oxygen, no longer requires ongoing medical care; 2) not hospitalized, limitation on activities and/or requiring home oxygen; or 3) not hospitalized, no limitations on activities.

# ACTT-1: Endpoints Based on Clinical Status Using the Ordinal Scale

| Clinical Status<br>Ordinal Scale | Clinical Status Description for Assessment   |
|----------------------------------|--|
| 1                                | Not hospitalized, no limitations on activities   |
| 2                                | Not hospitalized, limitation on activities, and/or requiring home oxygen   |
| 3                                | Hospitalized, not requiring supplemental oxygen and no longer requires ongoing medical care (if hospitalization extended for infection-control purposes) |
| 4                                | Hospitalized, not requiring supplemental oxygen; requiring ongoing medical care (COVID-19 related or otherwise)  |
| 5                                | Hospitalized, requiring supplemental oxygen  |
| 6                                | Hospitalized, on noninvasive ventilation or high-flow oxygen devices   |
| 7                                | Hospitalized, on invasive mechanical ventilation or ECMO   |
| 8                                | Death  |

# Primary Outcome: Shorter Time to Recovery & Reduced Risk of Disease Progression

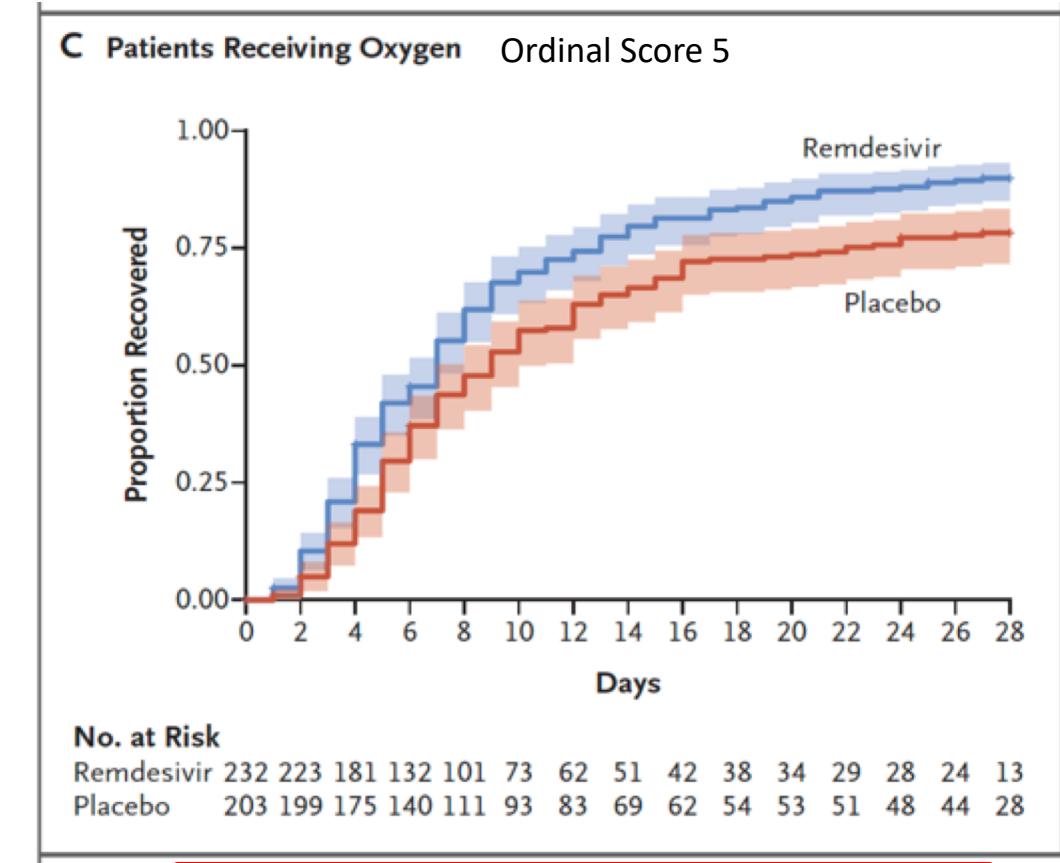


Time to recovery 10 vs 15 days

Rate ratio for recovery 1.29

95% CI, 1.12 to 1.49;  $p<0.001$

Day 29 Mortality 11.4% RDV vs 15.2% Placebo



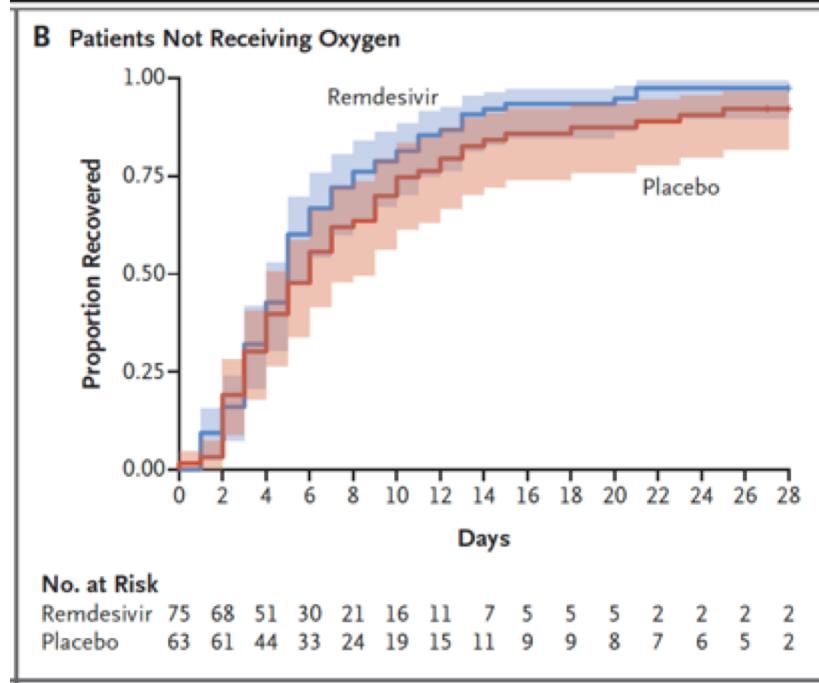
Time to recovery 11 vs 15 days

Rate ratio for recovery 1.45

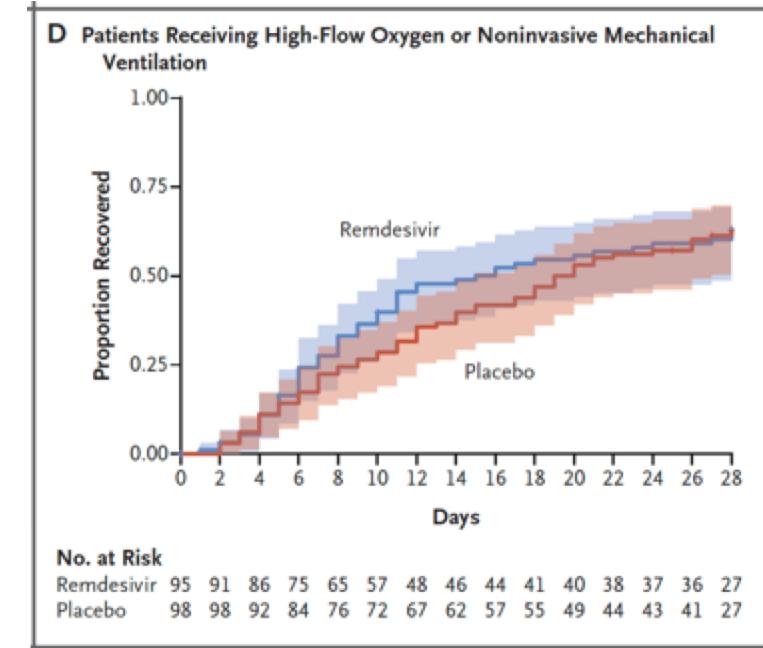
95% CI, 1.18 to 1.75;  $p<0.001$

Day 29 Mortality 4.0% RDV vs 12.7% Placebo

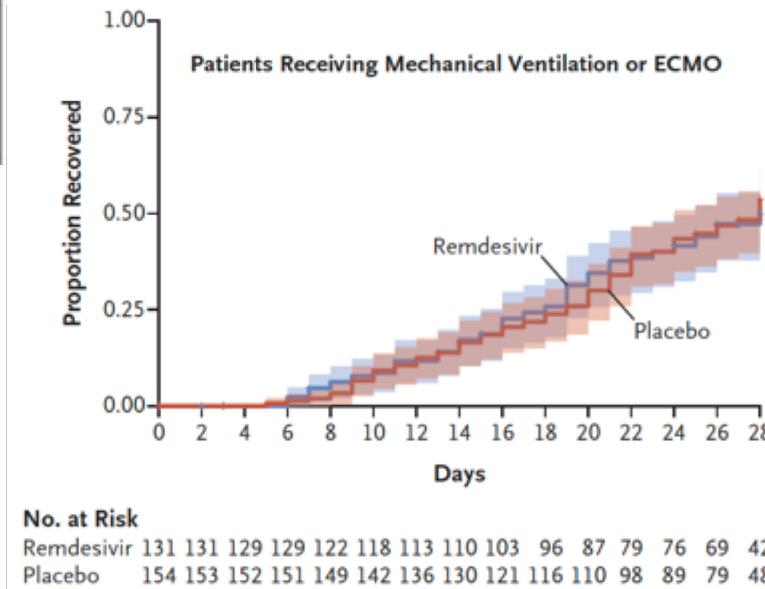
# Primary Outcome in Key Subgroups: No Significant Improvement



Ordinal Score 7  
Rate ratio for recovery 0.98  
95% CI, 0.70 to 1.36  
Mortality 21.9% RDV vs 19.3% Placebo



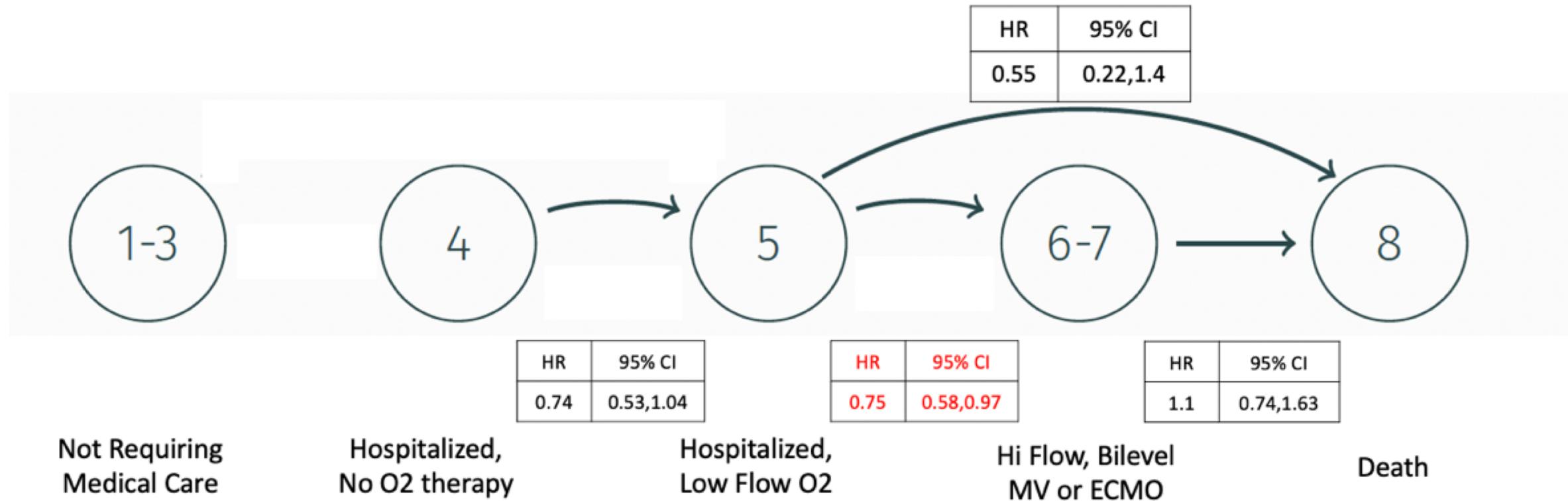
Ordinal Score 6  
Rate ratio for recovery 1.09  
95% CI, 0.76 to 1.57  
Mortality 21.2% RDV vs 20.4% Placebo



Beigel JH, et al. NEJM 2020

# Remdesivir Reduces the Risk of Clinical Decline

## ACTT-1 MARKOV Model by Ordinal Score



# Safety of Remdesivir vs Placebo

- Fewer serious adverse events occurred in pts receiving remdesivir (24.6%) compared to placebo (31.6%)
- Most common SAE was respiratory failure; less frequent in the remdesivir group (8.8%) vs the placebo group (15.5%)
- Grade 3 or 4 adverse events occurred less frequently in the remdesivir group (51.3%) than placebo (57.2%)
- Most common non-serious AEs were decreased hemoglobin, decreased eGFR/Cr clearance, increased Cr, hyperglycemia, increased aminotransferases
- No deaths were attributed to study medications

# Remdesivir vs Placebo RCT in China

- Randomized, double-blind, placebo-controlled multicenter trial
- 237 pts enrolled with 2:1 randomization to remdesivir vs placebo
- Terminated early when pandemic was controlled
- Statistically underpowered

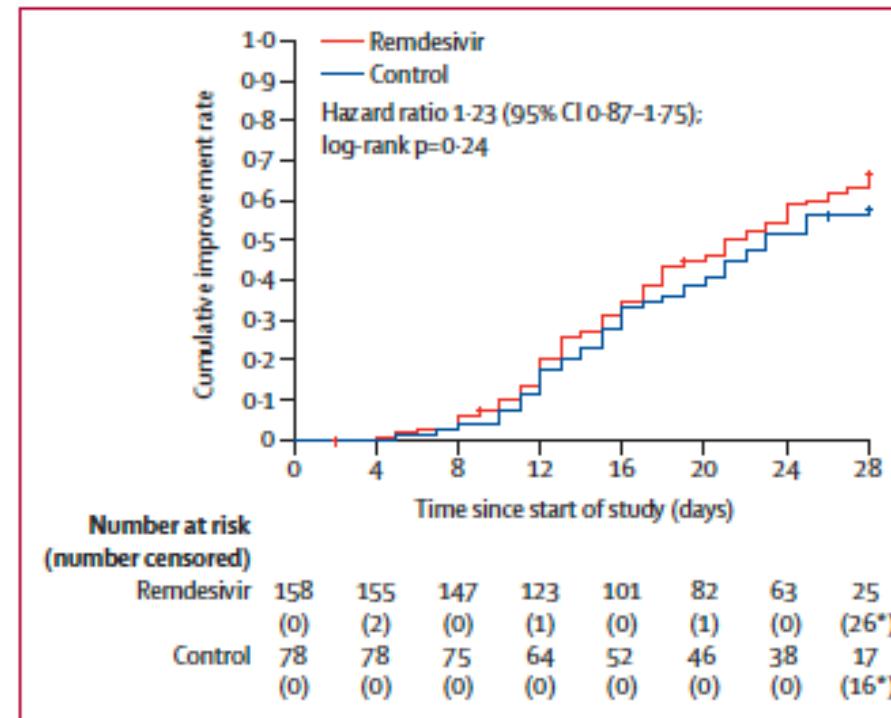
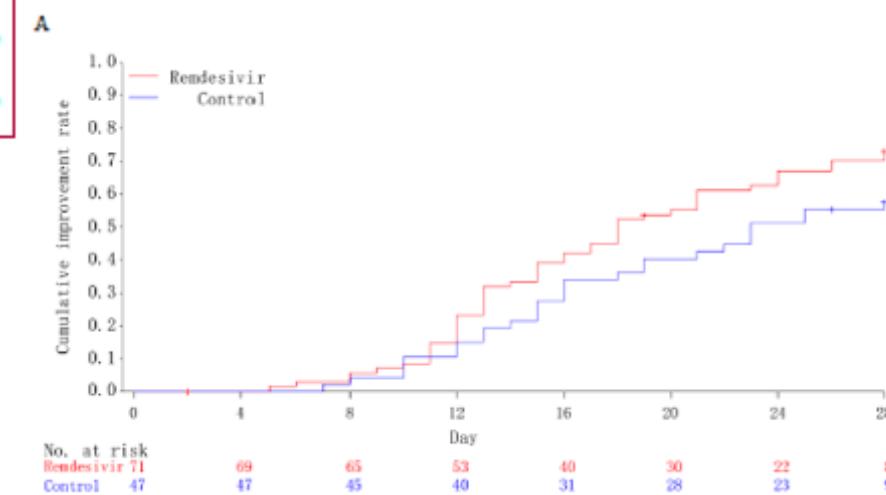


Figure 2: Time to clinical improvement in the intention-to-treat population

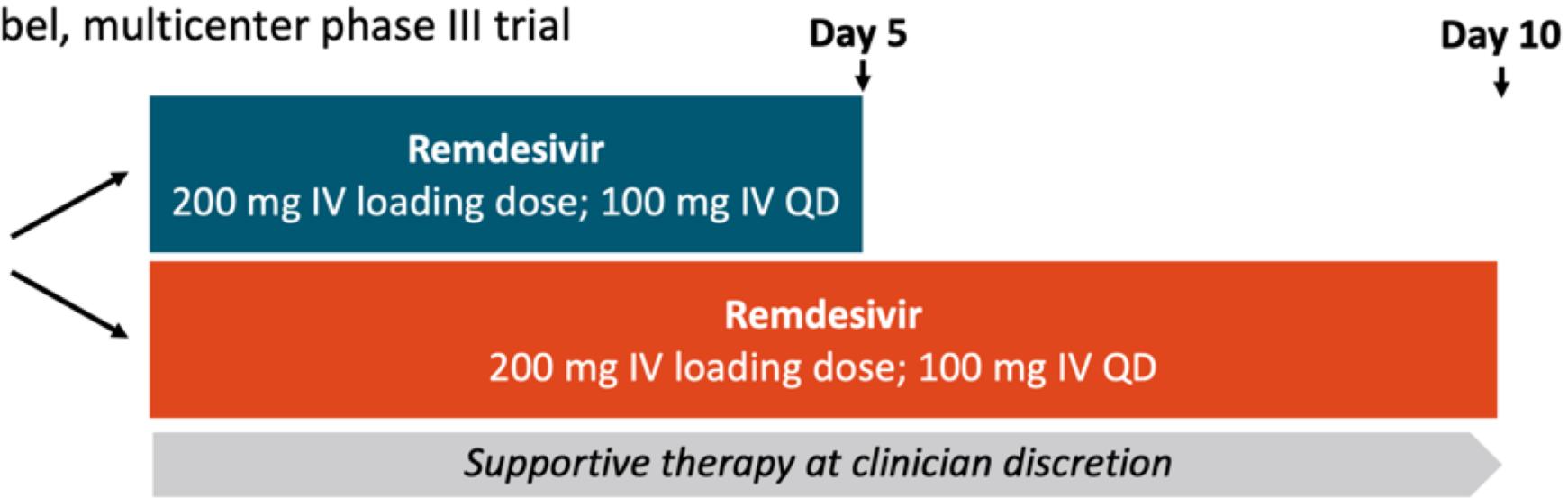
Median time to recovery for those with Symptoms  $\leq$  10 days was 18d for remdesivir vs 23d for placebo  
HR 1.52; 95% CI 0.9 to 2.43



# GS-US-540-5773: Remdesivir for 5 vs 10 Days for Hospitalized Patients With Severe COVID-19

- Randomized, open-label, multicenter phase III trial

Adults hospitalized with severe COVID-19; positive SARS-CoV-2 RT-PCR < 4 days prior to enrolment;  $\text{SpO}_2 \leq 94\%$  on room air; pulmonary infiltrates on radiograph  
(N = 397)



- Primary endpoint: time to clinical improvement ( $\geq 2$ -point improvement from BL on 7-point ordinal scale) at Day 14, time to all-cause mortality at Day 14
  - 10-day vs 5-day OR for clinical improvement at Day 14: 0.76 (95% CI: 0.51-1.13)<sup>[1]</sup>
- Current multivariate analysis\* assessed risk factors for clinical improvement and all-cause mortality in combined population (5-day and 10-day dosing)<sup>[2]</sup>

\*Competing risk analysis, where death is competing risk; RDV treatment duration and all risk factors as covariates.

1. Remdesivir EUA Provider Fact Sheet. 2. Marks. IAS COVID-19. Abstr 11803. Goldman JD, et al. NEJM 2020

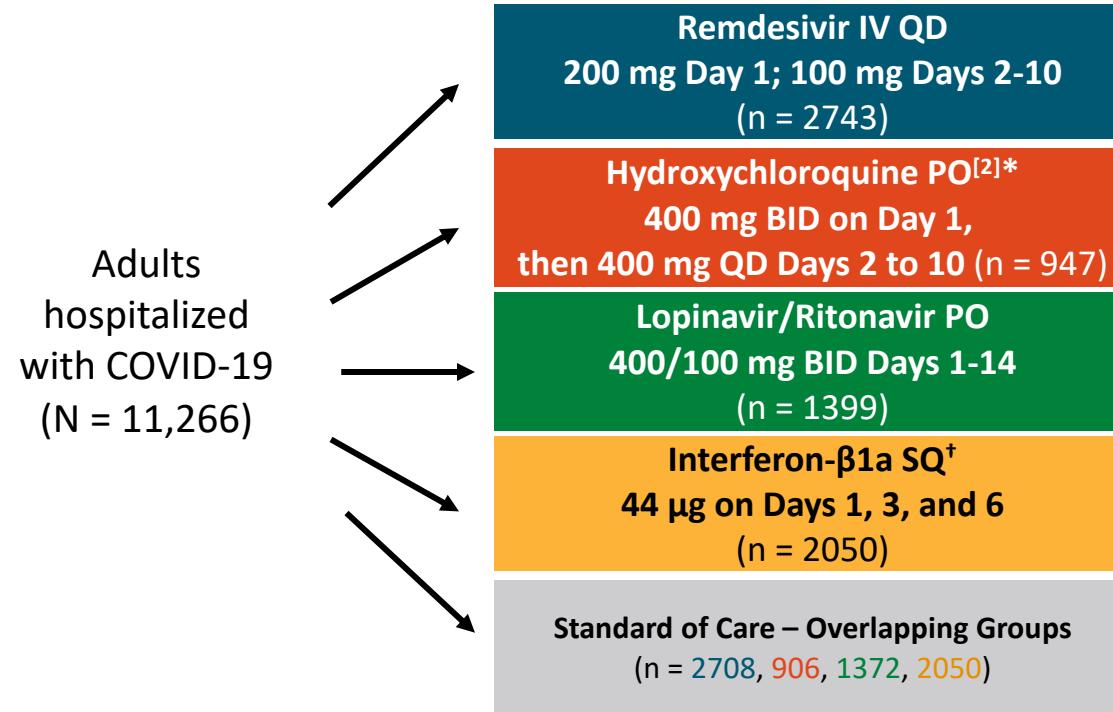
**Table 2.** Clinical Outcomes According to Remdesivir Treatment Group.

| Characteristic  | 5-Day Group<br>(N=200) | 10-Day Group<br>(N=197) | Baseline-Adjusted<br>Difference<br>(95% CI)* |
|---|------------------------|-------------------------|--|
| Clinical status at day 14 on the 7-point ordinal scale — no. of patients (%)          |                        |                         | P = 0.14†                                    |
| 1: Death  | 16 (8)                 | 21 (11)                 |  |
| 2: Hospitalized, receiving invasive mechanical ventilation or ECMO                    | 16 (8)                 | 33 (17)                 |  |
| 3: Hospitalized, receiving noninvasive ventilation or high-flow oxygen                | 9 (4)                  | 10 (5)                  |  |
| 4: Hospitalized, requiring low-flow supplemental oxygen                               | 19 (10)                | 14 (7)                  |  |
| 5: Hospitalized, not receiving supplemental oxygen but requiring ongoing medical care | 11 (6)                 | 13 (7)                  |  |
| 6: Hospitalized, not requiring supplemental oxygen or ongoing medical care            | 9 (4)                  | 3 (2)                   |  |
| 7: Not hospitalized   | 120 (60)               | 103 (52)                |  |
| Time to clinical improvement (median day of 50% cumulative incidence)‡                | 10                     | 11                      | 0.79 (0.61 to 1.01)                          |
| Clinical improvement — no. of patients (%)  |                        |                         |  |
| Day 5   | 33 (16)                | 29 (15)                 | 0.2% (-7.0 to 7.5)                           |
| Day 7   | 71 (36)                | 54 (27)                 | -5.0% (-14.0 to 4.0)                         |
| Day 11  | 116 (58)               | 97 (49)                 | -4.8% (-14.1 to 4.6)                         |
| Day 14  | 129 (64)               | 107 (54)                | -6.5% (-15.7 to 2.8)                         |
| Time to recovery (median day of 50% cumulative incidence)‡                            | 10                     | 11                      | 0.81 (0.64 to 1.04)                          |
| Recovery — no. of patients (%)  |                        |                         |  |
| Day 5   | 32 (16)                | 27 (14)                 | 0.1% (-7.0 to 7.1)                           |
| Day 7   | 71 (36)                | 51 (26)                 | -6.0% (-14.8 to 2.7)                         |
| Day 11  | 115 (58)               | 97 (49)                 | -3.7% (-12.8 to 5.5)                         |
| Day 14  | 129 (64)               | 106 (54)                | -6.3% (-15.4 to 2.8)                         |
| Time to modified recovery (median day of 50% cumulative incidence)‡                   | 9                      | 10                      | 0.82 (0.64 to 1.04)                          |
| Modified recovery — no. of patients (%)   |                        |                         |  |
| Day 5   | 51 (26)                | 41 (21)                 | -2.3% (-10.5 to 5.9)                         |
| Day 7   | 84 (42)                | 69 (35)                 | -3.4% (-12.6 to 5.8)                         |
| Day 11  | 128 (64)               | 106 (54)                | -5.7% (-14.6 to 3.2)                         |
| Day 14  | 140 (70)               | 116 (59)                | -6.7% (-15.3 to 1.9)                         |

- Clinical improvement of  $\geq 2$  points on the ordinal scale in 64% of participants in the 5d group vs 54% in the 10d group
- One day difference in time to clinical improvement and time to recovery
- Conclusion: Overall, no significant difference between the two groups

# WHO SOLIDARITY Trial: Antiviral Drugs to Treat Hospitalized Patients With COVID-19

- Adaptive, open-label, randomized phase 3 trial conducted in 405 hospitals across 30 countries
- Primary endpoint: In-hospital mortality
- Secondary endpoints: Initiation of mechanical ventilation and duration of hospitalization

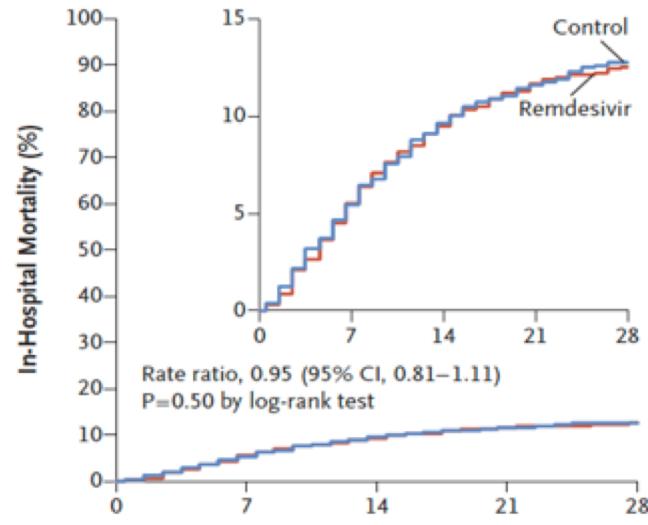


\*Stopped on May 24, 2020; recommended dose from clinical trial study description.

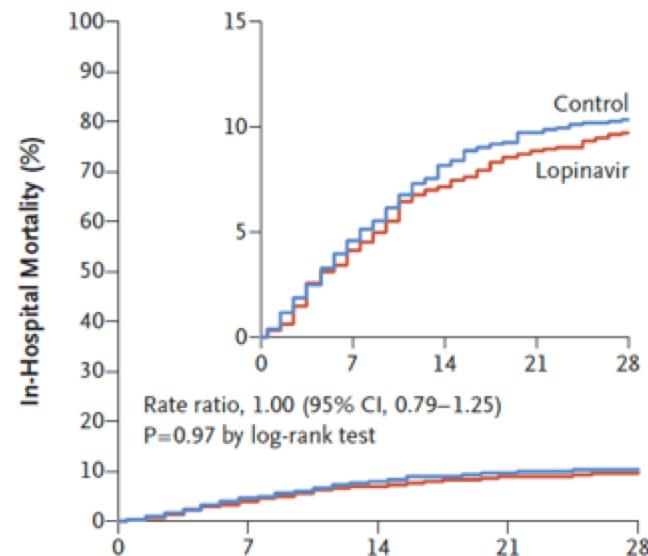
<sup>†</sup>Given with LPV/RTV until July 4, 2020 (n = 651). Patients on high-flow oxygen, ventilators, or ECMO were given 10 µg IV daily for 6 days.

# WHO SOLIDARITY: 28-Day Mortality

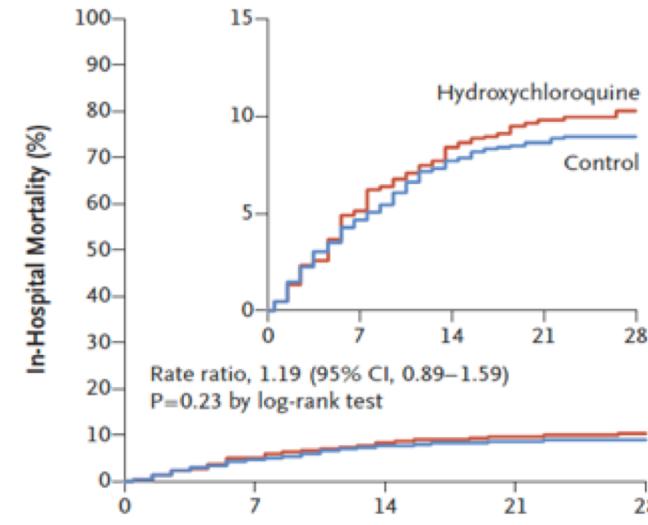
A Remdesivir vs. Its Control



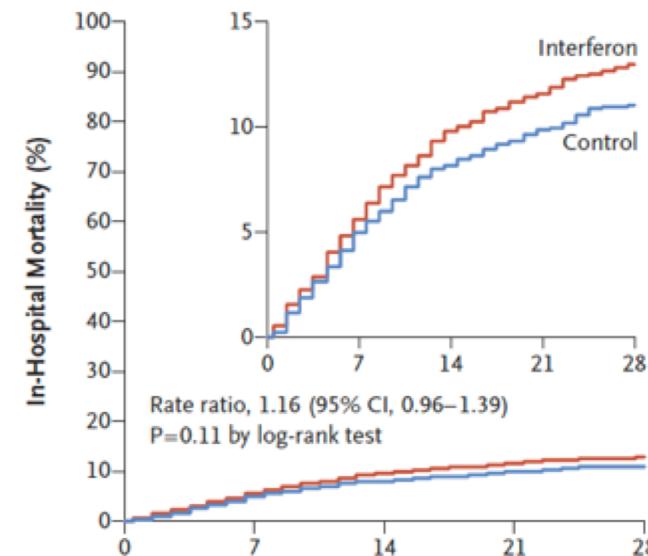
C Lopinavir vs. Its Control



B Hydroxychloroquine vs. Its Control



D Interferon vs. Its Control

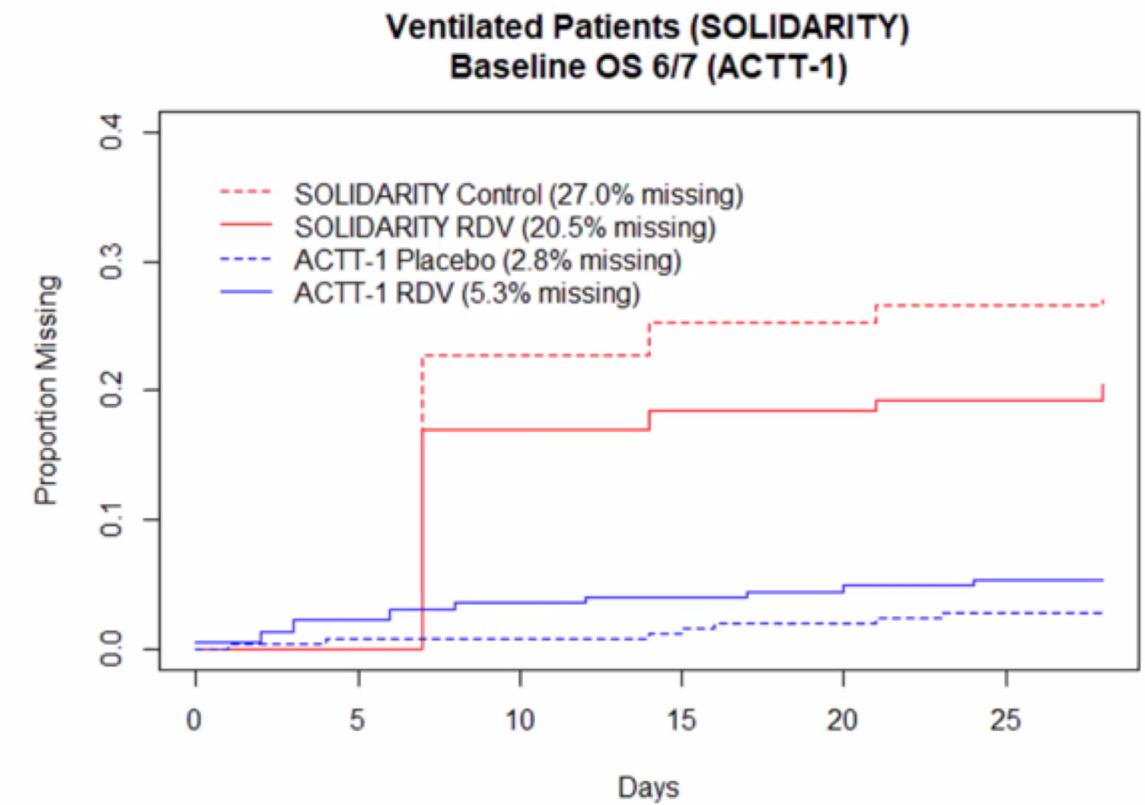
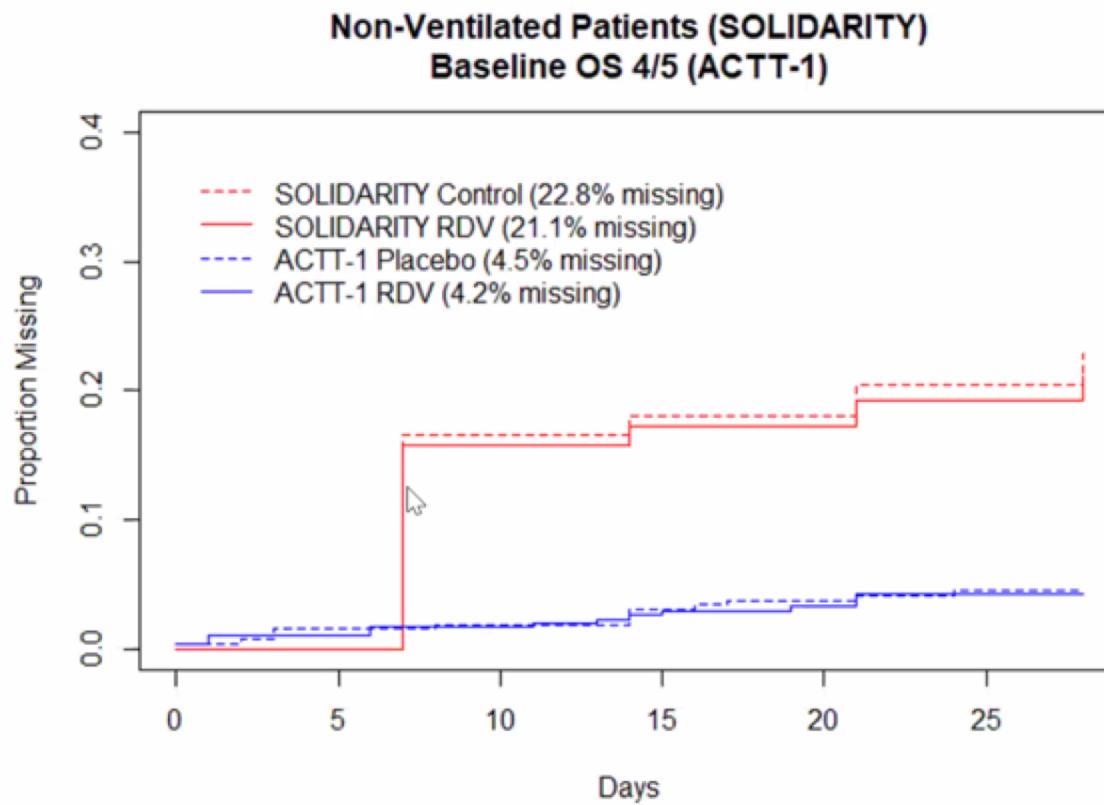


## **WHO SOLIDARITY: Summary & Limitations of Findings**

- No study drug improved 28-day mortality overall, or when stratified by age, ventilation at entry, geographic region, or corticosteroid use
- Risk of bias was high in SOLIDARITY
  - Open-label design (no placebo control)
  - Choice of agents at randomization was dependent on drugs available at the site
  - Randomization was not stratified by site, background standard of care, disease severity at entry (other than mechanical ventilation) or symptom duration
  - SARS-CoV-2 diagnosis not confirmed in all patients
  - No monitoring or safety assessments
  - Supportive care was limited and highly heterogeneous (LMIC vs European)
  - Substantial missing data for the primary endpoint

# Missing Data for the 28-Day Mortality Outcome

## SOLIDARITY vs. ACTT-1

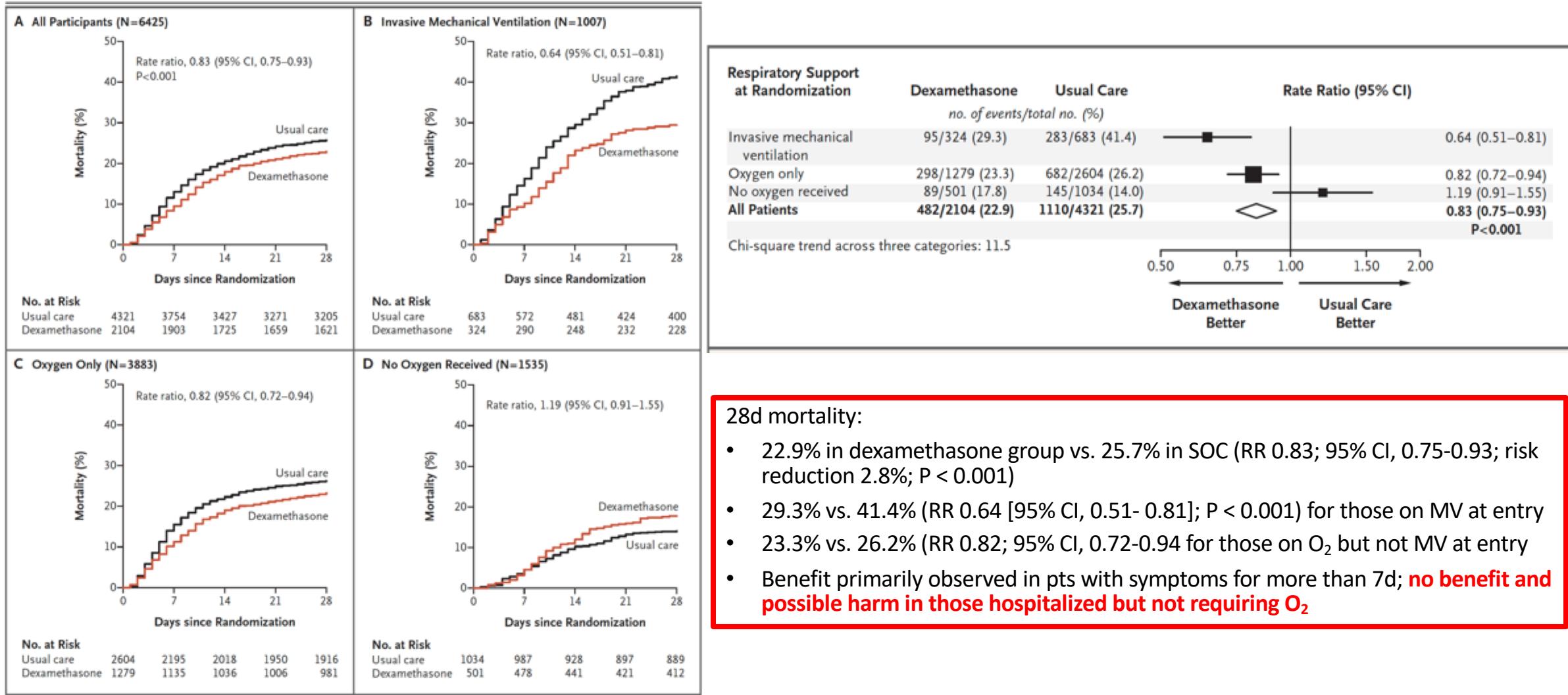


# **Anti-Inflammatory Therapy for Severe Covid-19: Dexamethasone & Baricitinib**

# RECOVERY Trial: Dexamethasone vs Usual Care

- Study Design: Randomized, **open-label**, adaptive platform trial comparing different possible treatments with “usual care” in hospitalized pts with Covid-19 in 176 hospitals in UK
  - **Clinically suspected** or lab confirmed SARS-CoV-2 infection
  - Randomized 2:1 to usual care (N=4,321) or usual care + dexamethasone 6 mg/d for up to 10d (N=2,104) or to one of several treatments available at the site (HCQ, LPV-RTV, azithromycin, tocilizumab, convalescent plasma)
  - 1<sup>0</sup> endpoint 28d mortality; 2<sup>0</sup> outcomes → time to discharge, receipt and duration of mechanical ventilation, ECMO, cause-specific mortality, respiratory, renal, vital status at 28d

# RECOVERY: 28 Day Mortality



28d mortality:

- 22.9% in dexamethasone group vs. 25.7% in SOC (RR 0.83; 95% CI, 0.75–0.93; risk reduction 2.8%;  $P < 0.001$ )
- 29.3% vs. 41.4% (RR 0.64 [95% CI, 0.51–0.81];  $P < 0.001$ ) for those on MV at entry
- 23.3% vs. 26.2% (RR 0.82; 95% CI, 0.72–0.94 for those on O<sub>2</sub> but not MV at entry
- Benefit primarily observed in pts with symptoms for more than 7d; **no benefit and possible harm in those hospitalized but not requiring O<sub>2</sub>**

# 28-Day Mortality: Remdesivir ACTT-1 vs RECOVERY

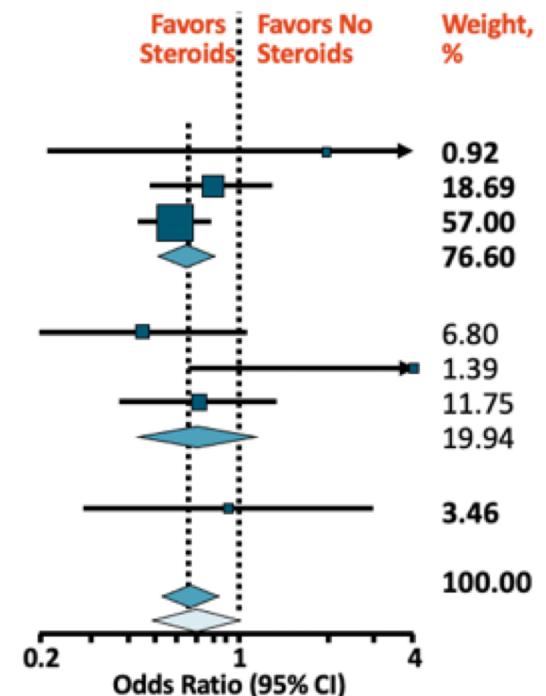
|   | ACTT-1 Remdesivir | ACTT-1 Placebo | RECOVERY Dex  | RECOVERY SOC |
|---|-------------------|----------------|---|--------------|
| No O <sub>2</sub><br>requirement<br>(Ordinal score 4) | 4.6%              | 5.6%           | 17.8%   | 14.0%        |
|   |                   |                | <b>Mortality Rate Ratio 1.19 (95% CI 0.91-1.55)</b> |              |
| O <sub>2</sub> requirement<br>(Ordinal score 5)       | 4.3%              | 13.0%          | 23.3%   | 26.2%        |
| High Flow O <sub>2</sub><br>(ordinal score 6)         | 23.3%             | 22.2%          | <b>Mortality Rate Ratio 0.82 (95% CI 0.72-0.94)</b> |              |
| MV or ECMO  | 22.7%             | 20.3%          | 29.3%   | 41.4%        |
|   |                   |                | <b>Mortality Rate Ratio 0.64 (95% CI 0.51-0.81)</b> |              |
| Overall   | 12.0%             | 15.2%          | 22.9%   | 25.7%        |
| Overall Mortality<br>Rate Ratio                       | 0.79              |                | 0.83  |              |

# Limitations of RECOVERY Trial Results

- At entry, clinician could exclude arms/regimens if they felt the randomization was not appropriate for their patients
- Open-label; no placebo control
- Usual care is left up to the primary clinician and not standardized
- No interim data collection
- Those hospitalized but not on O<sub>2</sub> did worse on dexamethasone (no safety monitoring to determine reasons or attribution)
- Improved mortality with experience, expertise over time during the pandemic

# Corticosteroids and 28-Day All-Cause Mortality in Critically Ill Patients With COVID-19

| Drug/Trial                | Initial Dose                | Deaths/n |             | Odds Ratio<br>(95% CI) | P Value |
|---------------------------|-----------------------------|----------|-------------|------------------------|---------|
|                           |                             | Steroids | No Steroids |                        |         |
| <b>Dexamethasone</b>      |                             |          |             |                        |         |
| DEXA-COVID 19             | High: 20 mg/day IV          | 2/7      | 2/12        | 2.00 (0.21-18.69)      |         |
| CoDEX                     | High: 20 mg/day IV          | 69/128   | 76/128      | 0.80 (0.49-1.31)       |         |
| RECOVERY                  | Low: 6 mg/day PO or IV      | 95/324   | 283/683     | 0.59 (0.44-0.78)       |         |
| Subgroup fixed effect     |                             | 166/459  | 361/823     | 0.64 (0.50-0.82)       | < .001  |
| <b>Hydrocortisone</b>     |                             |          |             |                        |         |
| CAPE COVID                | Low: 200 mg/day IV          | 11/75    | 20/73       |                        |         |
| COVID STEROID             | Low: 200 mg/day IV          | 6/15     | 2/14        |                        |         |
| REMAP-COVID               | Low: 50 mg every 6 hrs IV   | 26/105   | 29/92       |                        |         |
| Subgroup fixed effect     |                             | 43/195   | 51/179      | 0.69 (0.43-1.12)       | .13     |
| <b>Methylprednisolone</b> |                             |          |             |                        |         |
| Steroids-SARI             | High: 40 mg every 12 hrs IV | 13/24    | 13/23       | 0.91 (0.29-2.87)       | .87     |
| <b>Overall*</b>           |                             |          |             |                        |         |
| Overall (fixed effects)   |                             | 222/678  | 425/1025    | 0.66 (0.53-0.82)       | < .001  |
| Overall (random effects)  |                             | 222/678  | 425/1025    | 0.70 (0.48-1.01)       | .053    |

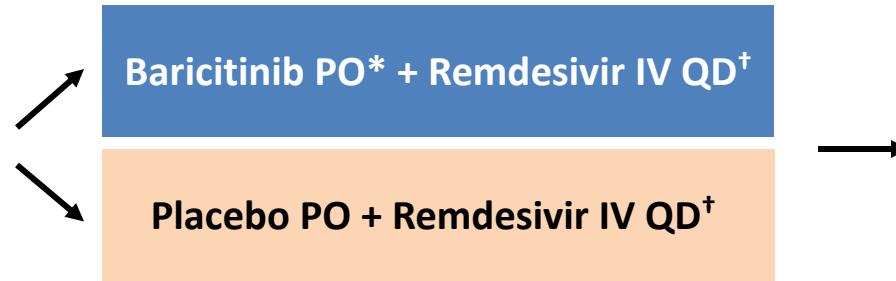


# **Combination Antiviral and Anti-Inflammatory Therapy**

# ACTT-2: Baricitinib + Remdesivir vs Remdesivir in Hospitalized Patients With Severe COVID-19

Multicenter, adaptive, randomized, double-blind, placebo-controlled phase 3 trial

Adult patients  $\geq 18$  yrs of age;  
hospitalized with confirmed  
SARS-CoV-2 infection and  
 $\geq 1$  of following: radiographic  
infiltrates by imaging;  $\text{SpO}_2 \leq 94\%$   
on room air; requiring  
supplemental oxygen; or requiring  
mechanical ventilation  
**(N = 1033)**



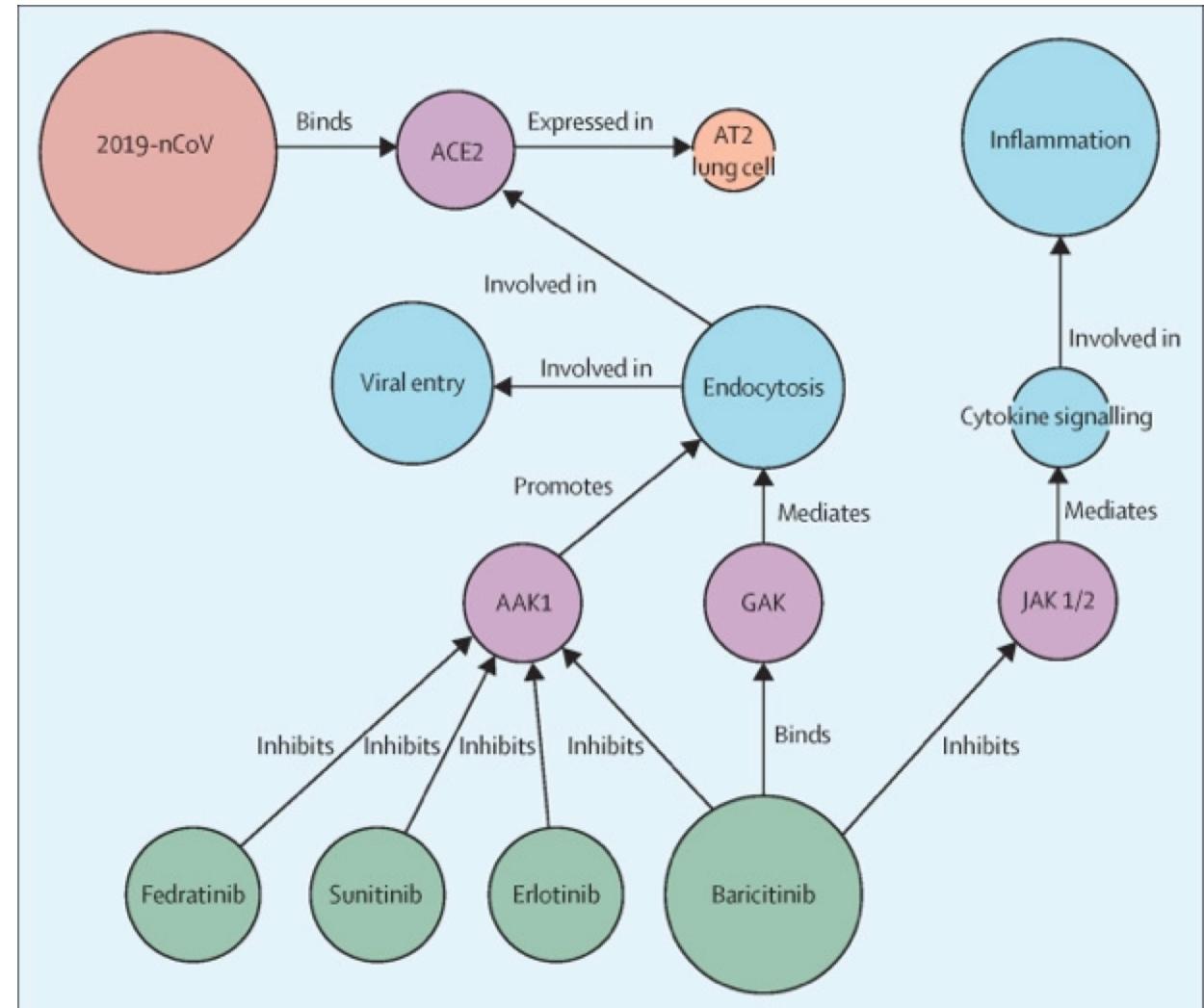
*Daily assessment to Day 29  
for time to clinical  
improvement while  
hospitalized;  
if discharged, assessments  
at Days 15, 22, and 29*

\*4 mg administered for duration of hospitalization, up to 14 days.  
†200 mg on Day 1 followed by 100 mg on Days 2-10.

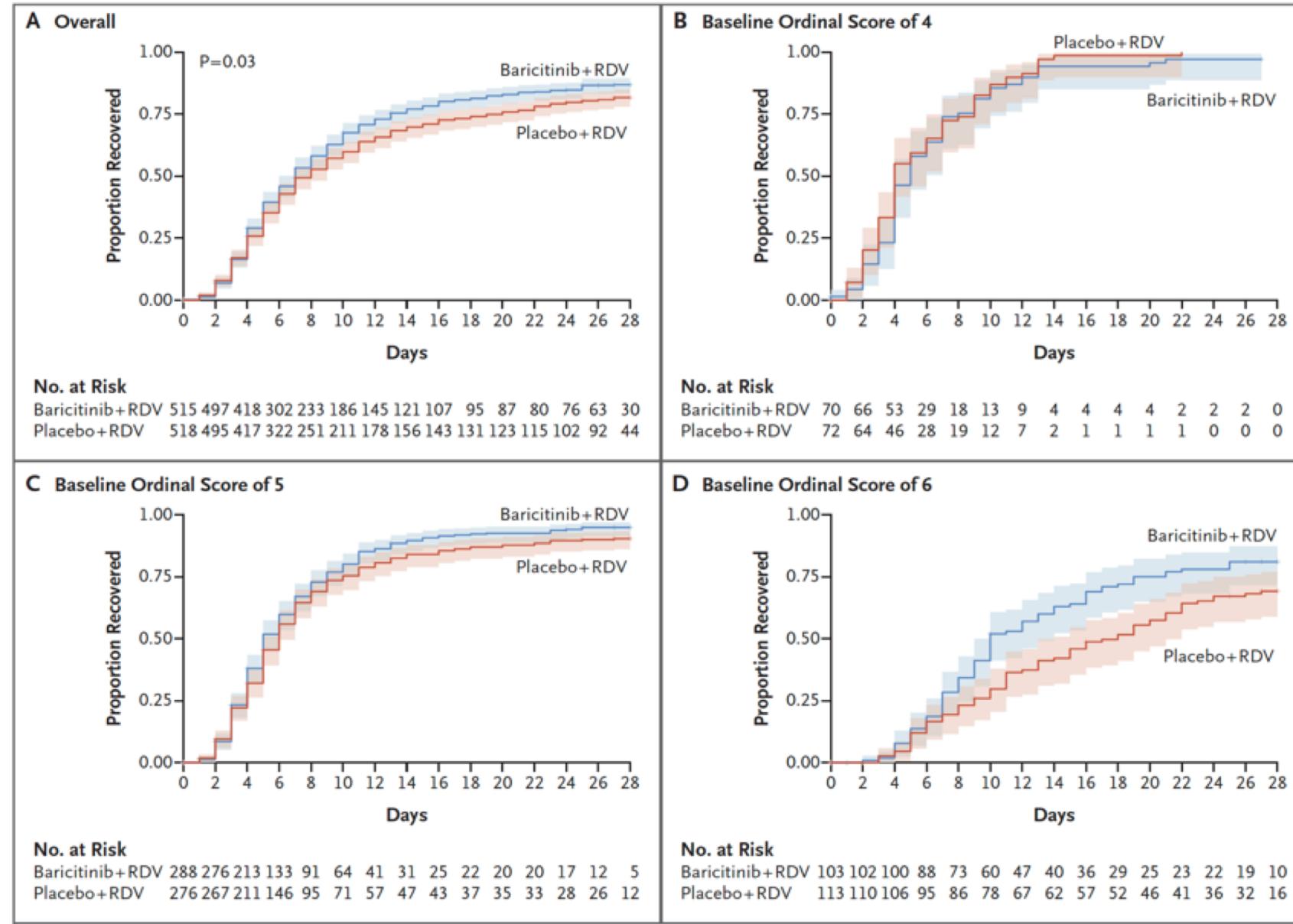
- Primary endpoint: time to recovery by Day 29 defined as the first day patient satisfies 1 of the top three ordinal scale categories same as for ACTT-1

# Why Baricitinib?

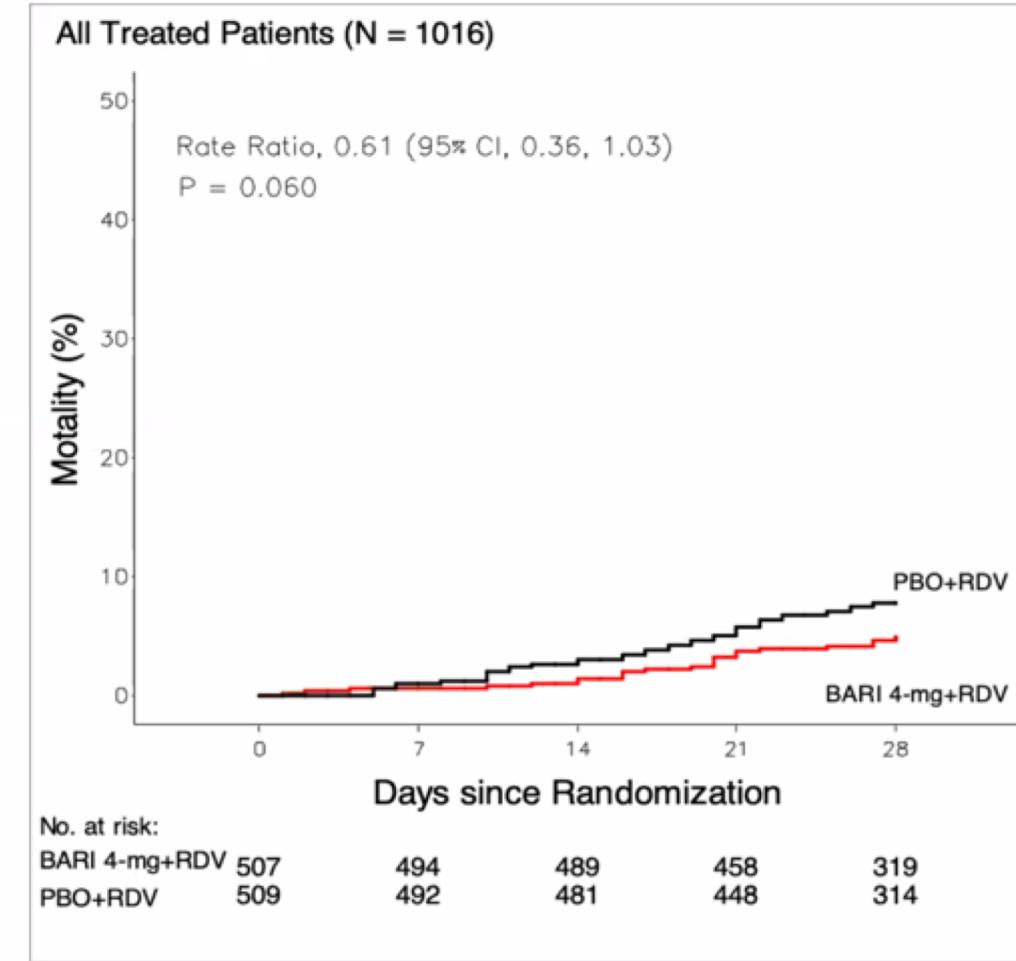
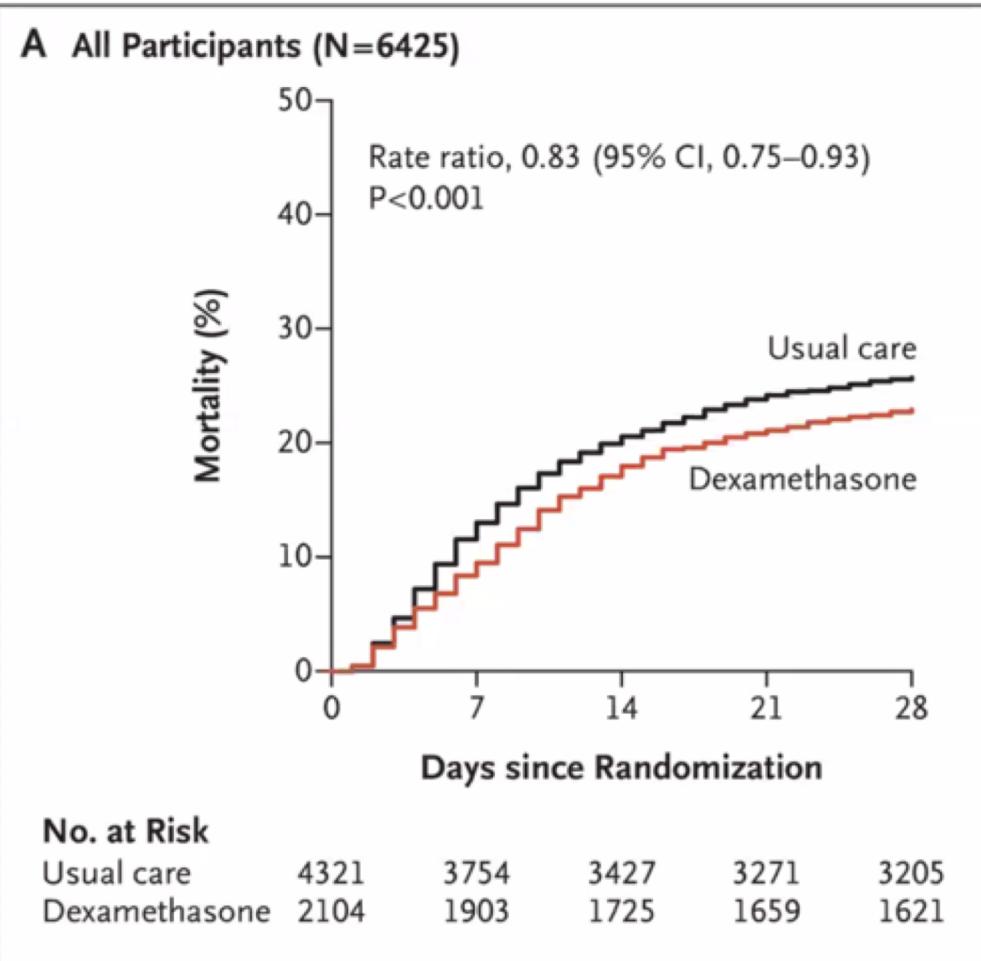
- JAK-1 and -2 inhibitor approved for treatment of rheumatoid arthritis (RA)
- Both anti-inflammatory and antiviral potential
  - Inhibits cytokine signaling and potentially viral entry at ACE2 receptor interface
- Risk of secondary infection due to immunosuppression and venous thrombosis in pts with RA and other autoimmune disorders



# ACTT-2 Results: Primary Outcome and by Baseline Ordinal Score



# ACTT-2 vs. RECOVERY Trial Results



# 28-Day Mortality: Remdesivir ACTT-2 vs RECOVERY

|  | ACTT-2 Remdesivir                    | ACTT-2 Rem+Bari | RECOVERY Dex                                 | RECOVERY SOC |
|--|--------------------------------------|-----------------|--|--------------|
| No O <sub>2</sub> requirement<br>(Ordinal score 4) | NE (0)                               | NE (0)          | 17.8%  | 14.0%        |
|  | Mortality HR NE                      |                 | Mortality Rate Ratio 1.19 (95% CI 0.91-1.55) |              |
| O <sub>2</sub> requirement<br>(Ordinal score 5)    | 4.7%                                 | 1.9%            | 23.3%  | 26.2%        |
|  | Mortality HR 0.40 (95% CI 0.14-1.14) |                 | Mortality Rate Ratio 0.82 (95% CI 0.72-0.94) |              |
| High Flow O <sub>2</sub> (ordinal score 6)         | 12.9%                                | 7.5%            |  |              |
|  | Mortality HR 0.55 (95% CI 0.22-1.38) |                 |  |              |
| MV or ECMO<br>(ordinal score 7)                    | 22.6%                                | 23.1%           | 29.3%  | 41.4%        |
|  | Mortality HR 1.0 (95% CI 0.22-2.22)  |                 | Mortality Rate Ratio 0.64 (95% CI 0.51-0.81) |              |
| Overall  | 7.8%                                 | 5.1%            | 22.9%  | 25.7%        |
|  | Mortality Rate Ratio 0.65            |                 | Mortality Rate Ratio 0.83                    |              |

# How do the differences between these trials influence interpretation?

- Higher risk of bias in the RECOVERY trial (confounding, selection bias, treatment response bias) due to inconsistencies in randomization, open-label, no placebo, choice of agents dependent on what was available at the site, randomization not stratified by site, disease severity or usual care
- Mortality rates different in control arms for both trials
  - Effect of a treatment in a population with a higher risk of death may not be the same in a population with a lower risk of death
- Critical difference in use of an active antiviral agent
  - Prevention of disease progression in ACTT-2 likely due to antiviral + anti-inflammatory effect; not evaluated in RECOVERY
- Safety profile for dexamethasone in this setting is unknown

# What About Other Antiviral Drugs in Hospitalized Patients with Severe COVID-19?

- Randomized clinical trials showed no benefit of:
  - Hydroxychloroquine (with or without azithromycin)
  - Maraviroc and other HIV entry inhibitors
  - Lopinavir-ritonavir and other HIV protease inhibitors
  - Convalescent plasma
  - Monoclonal antibodies
- No adequately powered, placebo-controlled RCTs completed and observational studies with conflicting results for:
  - Ivermectin
  - Niclosamide
  - Favipiravir

# Treatment of Severe COVID-19 Disease in Hospitalized Patients: Lessons Learned

- Remdesivir works
  - Reduces time to recovery, risk of further progression
  - Works better in combination with baricitinib
  - Improves survival in hospitalized patients in Ordinal Score 5 (low flow oxygen) ( $\text{SpO}_2 \leq 94\%$  on room air)
- Dexamethasone (or equivalent corticosteroid) works
  - Improves survival in hospitalized patients in Ordinal Score 6-7 (requiring high flow oxygen or mechanical ventilation)
  - We do not know whether dexamethasone and remdesivir are safe and effective when used in combination
  - We do not know if remdesivir + baricitinib is more effective than remdesivir + dexamethasone
- We need other safe, more effective antiviral and anti-inflammatory agents

# **Making Sense of Guidelines**

“This pandemic is new and evolving; guidelines must evolve with it as our knowledge and clinical expertise improves.”

# WHO Living Guidance: Corticosteroids for COVID-19\*

| Categories of Illness | Definition  | Recommendation   |
|-----------------------|---|--|
| Critical COVID-19     | <ul style="list-style-type: none"><li>▪ ARDS, sepsis, septic shock</li><li>▪ Other conditions that would normally require life-sustaining therapies (mechanical ventilation) or vasopressor therapy</li></ul>   | <ul style="list-style-type: none"><li>▪ Recommend systemic corticosteroids rather than no systemic corticosteroids</li></ul> |
| Severe COVID-19       | <p>Any of the following:</p> <ul style="list-style-type: none"><li>▪ <math>O_2 &lt; 90\%</math> on room air*</li><li>▪ RR <math>&gt; 30</math> breaths/min in adults and children aged <math>&gt; 5</math> yrs; RR <math>\geq 40</math> in children aged 1-5 yrs; RR <math>\geq 50</math> in children aged 2-11 mos</li><li>▪ Signs of respiratory distress (accessory muscle use, inability to complete full sentences; in children very severe chest wall indrawing, grunting, central cyanosis, etc)</li></ul> | <ul style="list-style-type: none"><li>▪ Recommend systemic corticosteroids rather than no systemic corticosteroids</li></ul> |
| Non-severe COVID-19   | <ul style="list-style-type: none"><li>▪ Absence of any signs of severe or critical COVID-19</li></ul>   | <ul style="list-style-type: none"><li>▪ Suggest no corticosteroids</li></ul>   |

\*Weak evidence to support use of remdesivir in any category of illness

# NIH Guidelines: Therapeutic Management

| Disease Severity  | Recommendation  | Disease Severity  | Recommendation  |
|---|---|---|---|
| Not hospitalized, mild to moderate COVID-19   | <ul style="list-style-type: none"> <li>▪ <b>Insufficient data</b> to recommend for or against any specific antiviral or antibody</li> <li>▪ <b>Bamlanivimab, casirivimab plus imdevimab available through EUAs</b>, if high risk of disease progression</li> <li>▪ <b>Recommend against dexamethasone</b></li> </ul>  | Hospitalized and requires high-flow oxygen or noninvasive ventilation   | <p><b>Use 1 of the following:</b></p> <ul style="list-style-type: none"> <li>▪ <b>Remdesivir plus dexamethasone*</b></li> <li>▪ <b>Dexamethasone</b></li> </ul>   |
| Hospitalized but does not require supplemental oxygen   | <ul style="list-style-type: none"> <li>▪ <b>Recommend against dexamethasone</b></li> <li>▪ <b>Insufficient data</b> to recommend for or against <b>remdesivir</b>; may be appropriate if high risk of disease progression</li> </ul>  | Hospitalized and requires invasive mechanical ventilation or ECMO   | <ul style="list-style-type: none"> <li>▪ <b>Dexamethasone</b></li> <li>▪ <b>For patients recently intubated</b>, consider <b>remdesivir</b> plus <b>dexamethasone</b> (remdesivir alone not recommended)</li> </ul> |
| Hospitalized and requires supplemental oxygen (but no high-flow oxygen, ventilation, or ECMO) | <p><b>Use 1 of the following:</b></p> <ul style="list-style-type: none"> <li>▪ <b>Remdesivir</b> (eg, in case of minimal supplemental oxygen requirement)</li> <li>▪ <b>Remdesivir plus dexamethasone</b> (eg, with increasing need for supplemental oxygen)*</li> <li>▪ <b>Dexamethasone</b> (eg, if remdesivir cannot be used or is unavailable)</li> </ul> | <p>*In rare case when corticosteroids cannot be used, <b>remdesivir</b> plus <b>baricitinib</b> available via EUA.</p> <p><b>Remdesivir:</b> 200 mg IV once, then 100 mg IV QD for 4 days or until discharge. Treatment may continue up to 10 days if no substantial clinical improvement by Day 5.</p> <p><b>Dexamethasone:</b> 6 mg IV or PO QD for 10 days or until discharge.</p> <p><b>Baricitinib:</b> 4 mg PO QD for 14 days or until discharge.</p> |   |

# UCSD Guidance For Treatment of Hospitalized Patients with COVID-19

| Ordinal Scale (OS) / Disease Severity   | Recommendations  | Comments/Cautions   | Ref                 |
|---|--|---|---------------------|
| <b>OS 4</b> (hospitalized, not requiring supplemental O <sub>2</sub> )                                      | Remdesivir alone ( <a href="#">see guidance</a> )  | Dexamethasone should not be used.   | NIH                 |
| <b>OS 5</b><br>(hospitalized, requiring supplemental O <sub>2</sub> , F <sub>i</sub> O <sub>2</sub> < 15 L) | <b>Refer to ACTT-4 Trial</b><br>If not eligible for ACTT-4, then:<br><ul style="list-style-type: none"> <li>• RDV + dexamethasone<br/><i>OR</i></li> <li>• RDV + <a href="#">EUA baricitinib</a></li> </ul>  | Based on results from the ACTT-2 trial, strongly caution against RDV + dexamethasone AND baricitinib together* for COVID-19.  | ACTT-2,<br>RECOVERY |
| <b>OS 6</b><br>(hospitalized, requiring NIV or F <sub>i</sub> O <sub>2</sub> ≥ 15 L)*                       | <b>Refer to ACTT-4 Trial</b><br>If not eligible for ACTT-4, then:<br><ul style="list-style-type: none"> <li>• RDV + dexamethasone<br/><i>OR</i></li> <li>• RDV + <a href="#">EUA baricitinib</a>. If progresses to mechanical ventilation (OS 7), discontinue baricitinib</li> </ul> | <i>(Patients on steroids for non-COVID indications can be considered for baricitinib and continued steroids use with caution at provider discretion)</i><br><br><a href="#">See EUA Baricitinib Guidance here</a><br><a href="#">See dexamethasone statement here</a> | ACTT-2,<br>RECOVERY |
| <b>OS 7</b><br>(hospitalized, requiring MV or ECMO)**   | RDV + dexamethasone<br>Discontinue baricitinib   | There are no data at this time to support the combined use of baricitinib and dexamethasone in this setting.  | RECOVERY,<br>NIH    |

**Obrigado!**

**QUESTIONS?**